

November

"Changing Lives One Shot At A Time"

2023

B3 Academy Schedule

3640 Southland Drive
Flowerly Branch, Ga 30542

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 3pm-6pm Private Training 6pm-9pm Group Training	2 3pm-9pm Individual Training APPOINTMENTS ONLY	3 3pm-6pm Private Training 6pm-9pm Group Training	4 10am-12pm Group Training 12pm-3pm Individual Training
5 10am-12pm Group Training 12pm-3pm Individual Training	6 3pm-6pm Private Training 6pm-9pm Group Training	7 3pm-7pm Individual Training 7pm-830pm Private Runs	8 3pm-6pm Private Training 6pm-9pm Group Training	9 3pm-9pm Individual Training APPOINTMENTS ONLY	10 3pm-9pm Individual Training APPOINTMENTS ONLY	11 10am-12pm Group Training 12pm-3pm Individual Training
12 10am-12pm Group Training 12pm-3pm Individual Training	13 3pm-6pm Private Training 6pm-9pm Group Training	14 3pm-7pm Individual Training 7pm-830pm Private Runs	15 3pm-6pm Private Training 6pm-9pm Group Training	16 3pm-9pm Individual Training APPOINTMENTS ONLY	17 3pm-6pm Private Training 6pm-9pm Group Training	18 10am-12pm Group Training 12pm-3pm Individual Training
19 10am-12pm Group Training 12pm-3pm Individual Training	20 3pm-6pm Private Training 6pm-9pm Group Training	21 3pm-7pm Individual Training 7pm-830pm Private Runs	22 3pm-6pm Private Training 6pm-9pm Group Training	23 OFF THANKSGIVING	24 3pm-9pm Individual Training APPOINTMENTS ONLY	25 10am-12pm Group Training 12pm-3pm Individual Training
26 10am-12pm Group Training 12pm-3pm Individual Training	27 3pm-6pm Private Training 6pm-9pm Group Training	28 3pm-7pm Individual Training 7pm-830pm Private Runs	29 3pm-6pm Private Training 6pm-9pm Group Training	30 3pm-9pm Individual Training APPOINTMENTS ONLY		